



Music Reminiscence Therapy

Information for Families & Carers

MUSIC RECONNECTING LIVES

WWW.SILVERMEMORIES.COM.AU

Nostalgia Radio for Residents of Aged Care



Silver Memories Nostalgic Radio broadcasts calming music from the 1940s to the 1960s.

The music is broadcast 24/7 Australia wide to Residential Aged Care Homes and hospitals via Satellite.

Residents can access the program through their television sets, and also in communal areas.

Silver Memories is based on the principles of Music Reminiscence Therapy, using the power of music to reconnect lives.

Silver Memories has been the subject of three research projects and has proven clinical benefits.

"I don't feel lonely anymore" (Resident)



Silver Notes is a collection of images to accompany the Silver Memories music. They stimulate listeners' recall of cherished memories.

Photos of musicians, movie stars, evocative historical period photos and iconic Australian landmarks and scenery

"My husband has dementia and he has been so much more relaxed since he started listening to Silver Memories"
(Wife of Resident)

